

Are ET Abduction Memories a Cover Up for Childhood Abuse?

by Nadine Lalich

Another one of my interests for which I have done diligent research is the subject of childhood abuse - the dynamics as it occurs and how it impacts the victims afterwards. As it relates to ET abduction, there are skeptics who suggest there is a link between victims of childhood abuse and ET abduction, that victims somehow convert their subconscious memories of abuse into ET abductions. In most cases, I believe that is highly unlikely. Having spent my 20s and 30s aggressively pursuing recovery from childhood abuse, I am happy to say I experienced a very satisfactory and happy recovery from those issues long before I experienced my first conscious UFO/ET encounter (saw a craft on the ground in Oak Creek Canyon in Sedona, Arizona in June 1991).

Having put the childhood issues to rest long ago, my exploration of conscious ET experiences began in 2004, and over the past 11 years, having thoroughly explored the ET contact experiences in my life, I can tell you that I found NO connection whatsoever between the two different types of experience, including the emotional impact of the events, and how the events were stored and released from my memory. The only connection I have found regarding childhood abuse and ET abduction is that those with a history of abuse can be easier to control and better able to disassociate from a traumatic event, having practiced it frequently in childhood to survive. Needless to say, being skilled at disassociation certainly makes for an easier-to-control abductee, which is what the ETs prefer. Only those who have never explored their childhood issues or those who have never had abuse issues to begin with could possibly confuse the two experiences. It would make no sense for a victim of childhood abuse to mask a terrible abuse memory with another form of traumatizing memory like an ET abduction; certainly, in my case it is not true. If one is trying to subconsciously "mask" childhood abuse as a protection from emotional pain, disguising it as an ET abduction would hardly do the trick; it would only further traumatize the individual rendering it a useless psychological survival tool.

As for those abductees who recall ET contacts solely as happy, enlightening events that they welcome wholeheartedly, I seriously question what is happening there. Are they really that happy to be abducted from their bed in the middle of the night to be subjected to humiliating and painful physical examinations and a host of other intrusive emotional and psychological testing? Or, out of their complete powerlessness, are they actually experiencing something akin to the Stockholm Syndrome when hostages begin to sympathize and then align with their captors as a coping mechanism? I am afraid I lean toward the latter.

As for who gets abducted, I am one who believes it is a family affair that continues down through the generations of a genetic family line.